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July 10th - 13th, 2024

CANCE AND KAYAK RACE BULL SHOALS TO BATESVILLE, AR

59th Annual





WELCOME TO THE WHITE RIVER CANOE AND KAYAK RACE

Come and join us in one of the most unique, challenging, and fun events in the country. The National White River Canoe and Kayak Race will take you down some of the most scenic country in America. The race is an adventure of over a hundred miles from the heart of the Ozark Mountains near Bull Shoals Lake to the foothills of Batesville, Arkansas.

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RECORDS BREAKERS

| Class | Team | Time | Year |
|----------------|-----------------------------|----------|------|
| Open Cruising | Crew 300 - Russellville, AR | 11:41:06 | 2008 |
| Girls Cruising | Post 301 - Faribault, MN | 13:49:01 | 1985 |
| Co-ed Cruising | Post 301 - Faribault, MN | 13:07:23 | 1986 |
| Boys Aluminum | Crew 313 - Bogalusa, LA | 13:02:00 | 2008 |
| Girls Aluminum | Crew 200 - Bush, LA | 14:22:04 | 2008 |
| Co-ed Aluminum | Post 301 - Faribault, MN | 13:42:59 | 1985 |
| Open Aluminum | Post 29 - Camdenton, MO | 13:43:15 | 1979 |

ENTRY FEE

| | Adult Padders (21+ years old) | Youth Paddlers (5-21 years old) | Non Paddlers |
|--|----------------------------------|------------------------------------|--------------|
| Camping (3 Nights) | Х | Х | Х |
| Dinners (4 meals) | Х | Х | Х |
| T-Shirt | Х | Х | Х |
| Event Patch | Х | Х | |
| Early Registration: Before 6/1/2024 | \$100.00 | \$50.00 | \$35.00 |
| Registration: 6/1/2024 - 6/15/2024 | \$110.00 | \$60.00 | \$45.00 |
| Late Registration: 6/16/2024 - 6/29/2024 | \$130.00 | \$70.00 | \$65.00 |

- To meet the registration deadlines. The application must be completed, post marked or completed online before registration window closes.
- Teams are required to race as indicated on their entry form.
- There will be **<u>no refund</u>** for entry withdrawals.
- The race committee reserves the right to reject any entry.

MAIL-IN REGISTRATION FORMS

White River Canoe and Kayak Race

P.O. Box 91

Sulphur Rock, Arkansas 72801

CHECKING IN

ALL CONTESTANTS ARE REQUIRED TO:

- Check-in at Bull Shoals White River State Park between 2:00PM and 5:00PM on the 7/10/2024.
- Attend Race Meetings each night, as noted on the Race Schedule
 Note: Only team captains will be allowed at the Race Meetings
 Teams which do not attend required events listed above are subject to a time penalties.

CONTACT INFORMATION

RACE DIRECTOR

Robert Latus (870) 834-6521 latus.robert@gmail.com

WHITE RIVER CANOE AND KAYAK RACE SCHEDULE

Update 5/29/2024

Wednesday July 10th, 2024

| Time | Event | Location | GPS Coordinates |
|----------|-----------------------------|---|-------------------|
| 03:00 PM | Check-In / Boat Inspections | Bull Shoals White River Campground - Pavilion | 36.3523, -92.5923 |
| 06:00 PM | Dinner | Bull Shoals White River Campground - Pavilion | 36.3523, -92.5923 |
| 07:30 PM | Race Meeting | Bull Shoals White River Campground - Amphitheater | 36.3515, -92.5912 |

Thursday July 11th, 2024 : Bull Shoals to Norfork - 43.6 Miles

| Time | Event | Location | GPS Coordinates |
|----------|----------------------------------|------------------------------------|-------------------|
| 07:30 AM | Relay Classes - At Water | Below the Bull Shoals Dam | 36.3626, -92.5823 |
| 08:00 AM | Relay Classes - Race Starts | Below the Bull Shoals Dam | 36.3626, -92.5823 |
| 08:30 AM | Beginners Classes - At Water | Cotter Boat Ramp | 36.2663, -92.5441 |
| 09:00 AM | Beginners Classes- Race Starts | Cotter Boat Ramp | 36.2663, -92.5441 |
| - | Quick Change for Relay Classes | Cotter Boat Ramp | 36.2663, -92.5441 |
| - | End of Day for Beginners Classes | Buffalo City Public Access | 36.1646, -92.4406 |
| - | Quick Change for Relay Classes | Buffalo City Public Access | 36.1646, -92.4406 |
| - | End of Day 1 | Norfork Public Access | 36.2101, -92.2892 |
| 06:00 PM | Camping & Dinner (WR Only) | TBD - Rand Park at Calico Rock??? | |
| 07:30 PM | Race Meeting (including USCA) | TBD - Rand Park at Calico Rock ??? | |

Friday July 12th, 2024 : Norfork to Allison - 35 miles (Including the USCA Stock Aluminum Nationals)

| Time | Event | Location | GPS Coordinates |
|----------|---------------------------------|-------------------------------|------------------------|
| 07:30 AM | Relay Classes - At Water | Norfork Public Access | 36.2101, -92.2892 |
| 08:00 AM | Relay Classes - Race Starts | Norfork Public Access | 36.2101, -92.2892 |
| 08:30 AM | USCA - Men's, Women's, Juniors | Norfork Public Access | 36.2101, -92.2892 |
| 09:30 AM | Beginners Classes - At Water | Calico Rock Public Access | 36.1159, -92.1431 |
| 10:00 AM | Beginners Classes - Race Starts | Calico Rock Public Access | 36.1159, -92.1431 |
| - | Quick Change for Relay Classes | Calico Rock Public Access | 36.1159, -92.1431 |
| 12:00 PM | USCA - Mixed Classes Launch | Calico Rock Public Access | 36.1159, -92.1431 |
| - | End of Day 2 for All Classes | Sylamore / Allison | 35.9409, -92.1124 |
| 05:00 PM | Camping & Dinner (WR Only) | Rand City Park at Calico Rock | |
| 06:00 PM | Talent Show (WR Only) | Rand City Park at Calico Rock | |
| 07:30 PM | Race Meeting | Rand City Park at Calico Rock | |

Saturday July 13th, 2024 : Allison to Batesville 41.4 miles

| Time | Event | Location | GPS Coordinates |
|----------|----------------------------------|--------------------------|------------------------|
| 06:30 AM | Relay Classes - At Water | Sylamore / Allison | 35.9409, -92.1124 |
| 07:00 AM | Relay Classes - Race Starts | Sylamore / Allison | 35.9409, -92.1124 |
| - | Quick Change (Novice Teams Only) | Guion Public Access | 35.9255, -91.9480 |
| - | Portage and Clock Out | Hydro Plant #3 | 35.8440, -91.8524 |
| - | Portage and Clock Out | Hydro Plant #2 | 35.7435, -91.7641 |
| 1:45 PM | All Classes - At Water | Hydro Plant #2 | 35.7435, -91.7641 |
| 2:00 PM | All Classes - Race Starts | Hydro Plant #2 | 35.7435, -91.7641 |
| 3:30 PM | End of Race | Batesville Public Access | 35.7584, -91.6409 |
| 04:00 PM | Dinner and Awards | Batesville City Park | 35.7568, -91.6389 |

THE RACE

Starting on day one (Thursday), the race starts in the shadow of Bull Shoals dam. Water releases from the dam ensure that good time is made down the river even by inexperienced teams. There are not many obstructions in the river to worry about but the fog can be heavy early in the morning. Watch out for fishing boats and their fishing lines! They cannot see you very well either in the fog and they will not necessarily reel in their lines just because you are racing a canoe past them. After the start, the vehicles with the extra paddlers must take off for Cotter City Park boat ramp to be ready for the first quick change. The first leg will take between 1 hour 45 minutes to 2 hours 15 minutes. No time can be wasted by the vehicles heading to Cotter. Once the first paddlers come in, they get out of the canoe/kayak and the second set of two paddlers get in and are off to Buffalo City takes a little shorter time than the first leg. The vehicles then quickly head off for Buffalo City with the team members who will paddle the last leg from Buffalo City to Norfork. This leg is even shorter than the second leg. The race clock continues to run during all three legs. There is no rest time at the quick change. Once everyone is in at Norfork, we head up to Quarry Park to camp. The meal is at 6:00 pm at the pavilion located near the dam.

The second day starts where the first day ended at Norfork. The quick change this day is at Calico Rock. The 20/20 club in Calico Rock serves cookies and treat at this stop. The fourth leg from Norfork to Calico Rock will take about 2 hours. The fifth leg from Calico Rock to Sylamore will take about the same amount of time. After everyone is in, we camp nearby at the Blanchard Spring Caverns. The meal is at 5:00 pm and there is a talent show afterward. Have your skit ready to share.

The third day is the hardest paddling day of all. The water has slowed down and the river is wider. The first leg takes you 21 miles from the Sylamore boat ramp to Hydro Dam No. 3 where the paddlers clock out. Guion bridge may be used as a quick change point for Novice teams only, but this will be decided by vote at the race. This will be the longest leg of the race and may take teams over 3 hours to complete. Extreme care should be taken when paddlers are approaching Dam No. 3. Paddlers will be directed to the right bank by buoys and safety boats will be positioned nearby to assist paddlers. The paddlers must be quickly removed from the water once they pass the finish line and clock out. The canoes and kayaks will be carried by their teams members to the put-in below Dam No. 3. Assistance will be needed to carry the safety boats around the dam also. Once all the paddlers are in and we have a short rest, the 7th leg starts below Dam No. 3 and goes to Dam No. 2. Approaches to the dam are handled like before and the canoes, kayaks, and safety boats are carried around the dam and put in just below Dam No. 2. After all the paddlers are in and after a short rest, we start the last leg of the race to Batesville at 2pm. The 8th leg is 8.8 miles.

TEAMS

All teams should consider carefully which division they will enter and how many team members they will need in relation to their abilities. The race consists of three legs on the first and third days and two legs on the second day (except Beginners and Novice Kayaks). Teams with only four members requires that two of the team's paddlers must complete two legs on the first and third days. While experienced and well conditioned teams normally have no problems completing this, less proficient teams may find this very tiring and may lose significant time on the water. For this reason, less experienced teams should consider having five or six paddlers when entering the Novice classes. Contact the Race Director, if you should have any questions about the division you wish to enter.

| Aluminum Division | Leg 1 | Leg 2 | Leg 3 | Leg 4 | Leg 5 | Leg 6 | Leg 7 | Leg 8 |
|---------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Beginner Aluminum Classes | | Х | | | Х | | | Х |
| Relay Aluminum Classes (Novice) | Х | Х | Х | Х | Х | Х | Х | Х |
| Relay Aluminum Classes | Х | Х | Х | Х | Х | Х | Х | Х |
| Mileage | 18 | 13.3 | 12.3 | 18 | 17 | 21.2 | 12 | 8.2 |

ALUMINUM DIVISION

Beginner Aluminum

Teams are for participants with little or no canoe racing experience. Beginner team members may not have raced previously in the White River Canoe and Kayak Race and may only enter this class one year only. Beginning teams will race only the second, fifth and eighth legs of the race. This division may be suitable for younger team members or inexperienced teams with only four team members that had originally planned to race a Novice division. Four person Novice teams with no paddling experience should consider entering the Beginner classes with two two-person teams. Beginner teams are not eligible for the Youth Overall Traveling Trophy in their respective class since they do not paddle the entire race.

| Beginner Aluminum Classes | Paddlers | Age Range | Configuration |
|---------------------------|----------|-------------------------|----------------------------------|
| Youth Boys Aluminum | 2 - 3 | 13 - 21 | Only Males |
| Youth Coed Aluminum | 2 - 3 | 13 - 21 | 1 Female Required for all legs |
| Youth Girls Aluminum | 2 - 3 | 13 - 21 | Only Females |
| Adult / Youth Aluminum | 2 | (Adult 21+, Youth 5-13) | 1 Adult and 1 Youth for all legs |

Relay Aluminum (Novice)

Teams may be teams participating for the first time in the White River Canoe and Kayak Race or teams (or team members) which have not placed (3rd place or higher) in any canoeing division at the race in previous years. Novice teams are encouraged to do their best as they are eligible for the Aluminum Youth Overall Traveling Trophy in their class (Girl's, Boy's, and Coed) which will be awarded to the team with the lowest accumulative time for the race.

| Relay Aluminum (Novice) Classes | Paddlers | Age Range | Configuration |
|---------------------------------|----------|--------------------------|----------------------------------|
| Youth Boys Aluminum | 4 - 6 | 13 - 21 | Only Males |
| Youth Coed Aluminum | 4 - 6 | 13 - 21 | 1 Female Required for all legs |
| Youth Girls Aluminum | 4 - 6 | 13 - 21 | Only Females |
| Adult / Youth Aluminum | 6 | (Adult 21+, Youth 10-13) | 1 Adult and 1 Youth for all legs |

Relay Aluminum

Teams are typically teams that have a high level of proficiency in a canoe and perhaps have either raced in the White River Canoe Race before or competed in other canoeing events. Normally, the top tier of this division consists of teams that train extensively for this race.

| Relay Aluminum Classes | Paddlers | Age Range | Configuration |
|------------------------|----------|--------------------------|----------------------------------|
| Youth Boys Aluminum | 4 - 6 | 13 - 21 | Only Males |
| Youth Coed Aluminum | 4 - 6 | 13 - 21 | 1 Female Required for all legs |
| Youth Girls Aluminum | 4 - 6 | 13 - 21 | Only Females |
| Adult / Youth Aluminum | 6 | (Adult 21+, Youth 10-13) | 1 Adult and 1 Youth for all legs |
| Adult Aluminum | 4 - 6 | 21+ | Male, Female, or Combination |

KAYAKING DIVISION

It is recommended that all paddlers use a recreational style Kayak 12 feet or longer. Shorter Kayaks can be used but will compete with the longer Kayaks. Coast Guard Approved Life Jacket, Closed Toed Water Shoes with Heel Strap, Whistle, 1-liter water bottle (each paddler), 1-safety paddle. Safety equipment required by all Kayakers will be similar to safety equipment required for all Canoe Divisions.

| Kayaking Division | Leg 1 | Leg 2 | Leg 3 | Leg 4 | Leg 5 | Leg 6 | Leg 7 | Leg 8 |
|------------------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Beginner Kayak Classes | | Х | | | Х | | | Х |
| Relay Kayak (Novice) Classes | | Х | Х | Х | Х | | Х | Х |
| Relay Kayak Classes | Х | Х | Х | Х | Х | Х | Х | Х |
| Mileage | 18 | 13.3 | 12.3 | 18 | 17 | 21.2 | 12 | 8.2 |

Beginner Kayaks

Teams are for participants with little or no kayaking racing experience. Beginner team members may not have raced previously in the White River Canoe and Kayak Race and may only enter this class one year only. Beginning teams will race only the second, fifth and eighth legs of the race. This division may be suitable for younger team members or inexperienced teams with only two or three team members that had originally planned to race a Novice division.

| Beginner Kayak Classes | Paddlers | Age Range | Configuration |
|------------------------|----------|-----------|------------------------------|
| Youth Solo Female | 1 | 13 - 21 | Only Females |
| Youth Solo Male | 1 | 13 - 21 | Only Males |
| Youth Tandem Mixed | 2 | 13 - 21 | Male, Female, or Combination |

Relay Kayaks (Novice)

Teams may be teams participating for the first time in the White River Canoe and Kayak Race or teams (or team members) which have not placed (3rd place or higher) in any kayaking division at the race in previous years. Novice Kayaking teams will race only the second, third, forth, fifth, seventh and eighth legs of the race.

| Relay Kayak Classes | Paddlers | Age Range | Configuration |
|---------------------|----------|-----------|------------------------------|
| Youth Solo Female | 2 | 13 - 21 | Only Females |
| Youth Solo Male | 2 | 13 - 21 | Only Males |
| Youth Tandem Mixed | 4 | 13 - 21 | Male, Female, or Combination |

Relay Kayaks

Teams are typically teams that have a high level of proficiency in a kayak and perhaps have either raced in the White River Canoe and Kayak Race before or competed in other kayaking events. Normally, the top tier of this division consists of teams that train extensively for this race.

| Relay Kayak Classes | Paddlers | Age Range | Configuration |
|---------------------|----------|-----------|------------------------------|
| Youth Solo Female | 2 - 3 | 13 - 21 | Only Females |
| Youth Solo Male | 2 - 3 | 13 - 21 | Only Males |
| Youth Tandem Mixed | 2 - 3 | 13 - 21 | Male, Female, or Combination |
| Adult Kayak | 2 - 3 | 21+ | Male, Female, or Combination |

CRUISING DIVISION

| Cruising Division | Leg 1 | Leg 2 | Leg 3 | Leg 4 | Leg 5 | Leg 6 | Leg 7 | Leg 8 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Relay Cruising | Х | Х | Х | Х | Х | Х | Х | Х |
| Mileage | 18 | 13.3 | 12.3 | 18 | 17 | 21.2 | 12 | 8.2 |

Relay Cruising

Are normally the most competitive and proficient paddlers in the race. Normally, these paddlers have raced aluminum divisions in previous years and have moved up to Cruising canoes as their abilities improved. These paddlers train extensively and attend many races throughout the year. Canoe design must conform to <u>USCA Standard Cruising Specifications</u> such as Sawyer, Jensen, Diller, etc. Beaver Canoes may be used in this class. No "Pro" boats are allowed.

| Relay Classes | Paddlers | Age Range | Configuration |
|------------------------|----------|--------------------------|----------------------------------|
| Youth Open Cruising | 4 - 6 | 13 - 21 | Male, Female, or Combination |
| Youth Coed Cruising | 4 - 6 | 13 - 21 | 1 Female Required for all legs |
| Youth Girls Cruising | 4 - 6 | 13 - 21 | All Females |
| Adult / Youth Cruising | 6 | (Adult 21+, Youth 10-13) | 1 Adult and 1 Youth for all legs |

UNLIMITED DIVISION

| Cruising Division | Leg 1 | Leg 2 | Leg 3 | Leg 4 | Leg 5 | Leg 6 | Leg 7 | Leg 8 |
|-------------------|-------|-------|-------|-------|-------|-------|-------|-------|
| Relay Cruising | Х | Х | Х | Х | Х | Х | Х | Х |
| Mileage | 18 | 13.3 | 12.3 | 18 | 17 | 21.2 | 12 | 8.2 |

Any canoe or kayak over 14.5 foot long with any type of paddle (Single or Double Blade).

| Relay Classes | Paddlers | Age Range | Configuration |
|----------------------------|----------|-----------|------------------------------|
| Non-Relay Solo Unlimited | 1 | 21+ | Male, Female, or Combination |
| Relay Solo Unlimited | 2 - 3 | 21+ | Male, Female, or Combination |
| Non-Relay Tandem Unlimited | 2 | 21+ | Male, Female, or Combination |
| Relay Tandem Unlimited | 4 - 6 | 21+ | Male, Female, or Combination |

Note: Rudder are allowed in this division. Kickup rudders are recommended. Fixed are not recommended.

SAFETY

Every effort is made by the organizers and support personnel to make sure this is a safe and enjoyable event. The race is in its 55th year, so there is a lot of experience to rely on. Each evening at the race a safety meeting is held with captains of each boat. It is the responsibility of this person to relay important information presented at the meeting back to their team.

Safety escort boats are provided during the event to provide any assistance needed. There is an escort/ safety boat following the last team to the finish each day and an escort/safety boat leading the teams down the river. Other boats are sometimes provided by Arkansas Game and Fish Commission watercraft and other volunteers. If you encounter trouble out on the water such as a capsized canoe/kayak or medical problems, stay with your canoe or kayak and help will be to you in a short time. Use your whistle to signal for help if needed. One whistle per canoe is required. With regards to a capsized vessel, try to negotiate your vessel to shallow water or the banks. Remember to stay upstream of your submerged vessel, so that you can not be pinned against obstructions.

Participants are required to wear a Coast Guard approved life vest (PFD) at all times while on the water. All buckles, snaps, and zippers must be closed as intended for the life vest (PFD). Life vests (PFD) should be in good condition. A mobile medical center is normally available at the race to provide medical assistance.

There is always a chance of inclement weather during the event. No race or leg of the race will start with severe weather apparent. Legs have been cancelled in the past due to severe weather. Communication is maintained with the National Weather Service or area radars during severe weather conditions.

Swimming in the cold waters of the White River during leisure hours is highly discouraged. The water is very cold at about 50° F. Swimming in warmer waters are available at Bull Shoals Lake, Norfork Lake, and Blanchard Spring Caverns.

CAMPING

Camping spots in nicely equipped parks are provided for participants, families, and others attending the race as part of the entry fee. These are tent campsites with picnic tables with electrical hookups. Showers and rest rooms are available. Being located along the river, the air temperature is not that bad. If you prefer a motel, reservations must be made separately and the cost is additional.

Wednesday evening, camping will be at Bull Shoals - White River State Park. This park is located below the Bull Shoals Dam near Bull Shoals, Arkansas. Thursday evening we will be at Quarry Park located just above Norfork Dam located near Mountain Home, Arkansas. Friday night we will camp at the Blanchard Springs Caverns, a campground located near Fifty-Six.

MEALS

Anyone paying the registration fee will have their four evening meals provided (Wed - Sat). Breakfast and lunch are the responsibility of each team. The race menu will be determined closer to the race.

DISTANCE TO FINISH (Public River Access)

| Mileage | Place | Туре | GPS Coordinates |
|---------|-----------------------------------|------------------|-------------------|
| 120.0 | Bull Shoals Dam | Race Destination | 36.3626, -92.5823 |
| 113.0 | White Hole Public Access (AGFC) | Access | 36.3297, -92.5348 |
| 109.0 | Wildcat Shoals Boat Ramp (AGFC) | Access | 36.3080, -92.5746 |
| 102.0 | Cotter Public Access (AGFC) | Race Destination | 36.2663, -92.5441 |
| 96.0 | Rim Shoals Walk-In Access (AGFC) | Access | 36.2579, -92.4745 |
| 91.5 | Ranchette Access | Access | 36.2041, -92.4780 |
| 88.7 | Buffalo City Public Access (AGFC) | Race Destination | 36.1646, -92.4406 |
| 82.0 | Shipps Ferry Access (AGFC) | Access | 36.2132, -92.3571 |
| 76.4 | Norfork Access (AGFC) | Race Destination | 36.2101, -92.2892 |
| 71.0 | Reds Landing Access (AGFC) | Access | 36.1609, -92.2553 |
| 58.4 | Calico Rock Public Access | Race Destination | 36.1159, -92.1431 |
| 50.6 | Boswell Shoals Access (AGFC) | Access | 36.0357, -92.0589 |
| 41.4 | Sylamore East Access (AGFC) | Race Destination | 35.9409, -92.1124 |
| 37.0 | Round Bottom Access | Access | 35.9408, -92.0492 |
| 29.0 | Guion Public Access (AGFC) | Race Destination | 35.9255, -91.9480 |
| 22.4 | Younger Access Boat Ramp | Access | 35.8756, -91.8544 |
| 20.2 | Hydro Plant #3 | Race Destination | 35.8440, -91.8524 |
| 18.0 | Martin Public Access (AGFC) | Access | 35.8156, -91.8704 |
| 14.5 | Robert Gray Miller Access (AGFC) | Access | 35.7731, -91.8636 |
| 8.2 | Hydro Plant #2 | Race Destination | 35.7435, -91.7641 |
| 0.0 | Batesville City Park | Race Destination | 35.7568, -91.6389 |

IMPORTANT ANNOUNCMENTS

The White and North Fork Rivers are often subject to extreme daily water fluctuation and can be dangerous. Check current conditions by calling Bull Shoals Dam answering service. (870) 431-5311.

SPECIAL ACTIVITIES

The National White River Canoe and Kayak Race is more than just a race. There are many special activities for everyone. Many of the adults participate in the race themselves. It is a truly unique event. Participants are encouraged to enter the talent show on Friday night. Talents in the past have included singing, poetry, comedy acts, musical instruments, karate demonstrations, and other "things". Swimming is available Thursday at Lake Norfork and Friday at Blanchard Springs Caverns campgrounds. Excellent trout fishing is available in the leisure hours after racing on the first two days. Many take the opportunity of Friday afternoon to visit Blanchard Springs Caverns near Fifty-Six, one of the largest cave complexes in the nation. Teams also run can grab ice cream along the way at Calico Rock or Mountain View.

RULES

<u> 1. Teams</u>

- 1.1 Each team shall have a team captain who will be the team's representative to the race meetings for communications, rule interpretations, safety, or disciplinary actions.
- 1.2 Participants should be in good physical shape and should be conditioned for strenuous exercise and long endurance.
- 1.3 Participants should condition and strengthen their hands to help prevent blisters. Gloves should be considered if new to paddling.
- 1.4 Each team should have a support crew. This crew is a necessity to the success of your team. The support crew has the responsibility to set up camp, cook, clean and to transport and load/unload canoes and equipment.
- 1.5 To qualify for the race, an adult must accompany, by vehicle, each team during the race. This adult is responsible for transporting the team members to the paddler quick changes during the race. This is a very important aspect of this relay type race.
- 1.6 If team members are not at the designated change out locations when the canoe or kayak arrives, the team must either continue on with the race or wait for the team members to arrive. This will cause added time which may affect your placing in the race.
- 1.7 No coaching of crews by advisors or adults from boats is permitted.
- 1.8 Safety personnel and event judges observing the race may disqualify a team for improper conduct.
- 1.9 A unit may enter as many racing teams as desired, but they must have an advisor or adult for each team. All entries must be registered.
- 1.10 Adult / Youth teams must have one adult and one youth in the canoe at all times. Two adults or two youth can not paddle at the same time in this class.

<u>2. Gear</u>

- 2.1 All canoes are subject to United States Canoe Association specifications except as noted in the Racing Divisions. More information can be found at <u>www.uscanoe.com</u>.
- 2.2 The canoe used at the start of the race must be used during the entire race, unless it is damaged during the race.
- 2.3 If it is damaged, the Team Captain must check with a race official for qualification of a replacement canoe. Each canoe will be assigned a number upon registration and inspection.
- 2.4 The identification number will be placed on the bow of the canoe below the gunwale.
- 2.5 Hand bailers are allowed, but bilge pumps are not allowed. Automatic bailers are allowed in Cruising Classes only.
- 2.6 Any type of single blade paddle including bent shaft and curved blades will be allowed in all classes.
- 2.7 No participant may use more than one paddle at any one time during the race.
- 2.8 Each team should have an extra paddle in the canoe, or a paddle leash in kayaks during the race.

2.9 Each team member must wear a Coast Guard approved life vest at all times while on the water. Life vests must be worn as they were intended with all snaps, straps, and zippers secured.

RULES [CONTINUE]

- 2.11 Shirts must have sleeves to prevent chaffing from the life vest.
- 2.12 Shoes must have uppers. No sandals or flip-flops are allowed while on the water.
- 2.13 Teams will be required to have one liter of water in the boat and one whistle per racer.

3. Infractions

- 3.1 Race observers including advisors, adults, parents, and other racers may report rule infractions to the race officials.
- 3.2 Decisions and rulings will be made by the race officials and will be administered in accordance with the rules of the contest and common standards of sportsmanship.
- 3.3 Time penalties may be assessed for infractions.

4. Non-Competing Watercraft

- 4.1 A competing canoe or kayak shall not benefit by means of a tow or pull, wake riding, pacing, leading, or feeding from a noncompeting watercraft.
- 4.2 In the event a competing canoe capsizes, (or incurs significant damage such as a hole or bailer problem which threatens its ability to stay afloat), the contestants may receive assistance from a designated safety patrol boat or other watercraft. This activity is limited to returning the canoe or kayak to an upright position, assisting the contestants to get back into their canoe or kayak, or bringing the canoe or kayak safely to shore.
- 4.3 In the event a paddler requires medical attention, the contestants may seek such assistance from a designated safety patrol boat or other watercraft.
- 4.4 If, as the result of one of these procedures the canoe has moved forward, it should be returned to the previous spot before the team continues the race.

5. Live Tracking

- 5.1 The Race Committee will not provide trackers for teams.
- 5.2 Teams may bring their own tracking device (Spot Tracker, Garmin In-Reach).
- 5.3 If the team would like the tracker to show up on the Live Race Map, the team must provide the race committee with their unique tracking id.

AWARDS

Competition Awards

As a minimum, each member of teams placing 1st, 2nd, or 3rd in all divisions will receive an award.

YOUTH CLASSES AWARDS (SCOUTS BSA)

Traveling Awards

All traveling trophies will be kept by the winning team for one year. It is their responsibility to engrave the trophy with their teams location and name and the year they won. The trophy will be returned to the race the next year. If team does not return to the race, they must make arrangements for the trophy to be at the race.

Overall Championship

The Doug Summer Memorial National Championship Traveling Trophy will be awarded to the youth team regardless of division entered that has the shortest accumulative elapsed time for the race. Doug's Faribault, MN Post 301 began attending the race in 1985 and by 1988, they were dominating most classes. Post 301 still owns all (Girls, and Co-ed) of the Cruising Division records for the race as well as Co-ed Aluminum. This award is named for the late Doug Summer or "Coach Summer Sir". He was the first coach of Post 301, Faribault, Minnesota. His competed in the White River Canoe Race. He also swept all 7 divisions of the race in 1998, the same year as his death from a car accident while returning from the United States Canoe Association (USCA) Nationals with junior paddlers. Doug brought paddlers of varied economic and athletic backgrounds together on his team and enhanced their love of paddling, teamwork, and pursuit of excellence.

Boy's Aluminum Championship

The Ron Eddings Memorial Traveling Trophy will be awarded to the Boy's Aluminum team with the shortest accumulative elapsed time for the race. Beginner Boy's Aluminum teams are not eligible for this award. This award is named for the late Ronald Eddings, an advisor with Post 29 from Camdenton, Missouri. Ron's teams completed in the race from 1974 to 1982 bringing multiple boy's and girl's teams most of those years. Camdenton Explorer Post 29 won the overall championship in 1978 and set the Open Aluminum record in 1979. Ron's teams were very active in canoe racing across the country during this time competing in as many as 10 different states in regional and national competitions.

Girl's Aluminum Championship

The Dr. R.J. Van Patter Memorial Traveling Trophy will be awarded to the Girl's Aluminum team with the shortest accumulative elapsed time for the race. Beginner Girl's Aluminum teams are not eligible for this award. This award is named for the late Dr. R.J "Doc" Van Patter, an advisor with Post 8 of Little Rock, Arkansas and one of the early founders of the race. Doc was one of the first advisors to bring a large contingent of girl's teams to the race. His Girl's Aluminum team from 1976 held the record for that class until it was broken in 2008 by Crew 200 from Bush, LA and it is the longest running class record for the race. Doc instilled his teams with hard work and commitment to doing their best.

YOUTH CLASSES AWARDS (SCOUTS BSA) [CONTINUE]

Co-ed's Aluminum Championship

The Co-ed's Aluminum Championship Traveling Trophy will be awarded to the Co-ed's Aluminum team with the shortest accumulative elapsed time for the race. Beginner Co-ed's Aluminum teams are not eligible for this award.

Girl's Cruising Championship

The Girl's Cruising Championship Traveling Trophy will be awarded to the Girl's Cruising team with the shortest accumulative elapsed time for the race.

Co-ed's Cruising Championship

The Co-ed's Cruising Championship Traveling Trophy will be awarded to the Co-ed's Cruising team with the shortest accumulative elapsed time for the race.

Sportsmanship Award

The "Col. Robert Miller" Sportsmanship Traveling Trophy will be awarded to the youth group that best representing the commonly accepted attributes of good sportsmanship such as fair play, respect for others including teammates, competitors and officials, helpfulness, positive attitude, fellowship, encouragement, and effort. The Sportsmanship award will be voted on by team captains at the conclusion of the race.

Most Distance Traveled

The "Tom Edwards" award will be given to the youth team that travels the greatest distance to compete in the race.

Spirit Award

The "Carl Garner" award will be given to the youth group exhibiting the greatest spirit in the opinion of the race organizers.

Most Scouts Participating

The "George Wise" award will be given to the youth group bringing the largest number of paddlers to the race.

Talent Show

An award or gift will be given to the winner (s) of the talent show as determined by a panel of judges.

Youngest Team

The "Doyle Rogers Youth Challenge Award" will be given to the youngest team completing the full race. All teams except Beginners are eligible for this award whose winner is determined by adding the ages of all members on the team.

DIRECTIONS

Leg 1 (Bull Shoals to Cotter)

The race starts early each day. On Thursday, the canoes must be at the water at 7:30 am. You must eat breakfast, break camp and have everything involving the canoes ready prior to 7:45 am. You will not have time to go back after the start to eat and break camp! The race starts in the shadow of Bull Shoals dam. To get to the race start, turn left on Powerhouse Road. This road will take you the 1 1/2 mile up to the race start. There is a large paved parking area just below the dam at the race start on the left. After all the classes have started, you have to head off to the Cotter City Park boat launch for the first change out. The first canoes will arrive at Cotter in about 1 hr and 45 minutes, so vehicles with the extra paddlers should be at Cotter no later than 1 1/2 hours after the race starts.

Head to Highway 178. It's the highway that crosses over the dam. But do not go over the Dam!

- Turn **right** on **Hwy 178 East** to Midway, AR.
- At Midway, turn right on Hwy 5 South.
- Drive 50 meters and turn **right** on **Hwy 126 South**. (The road will be before the CITGO Gas Station located on the right.)
- Take Hwy 126 South to Gassville and make a right on US-62 West.
- Take the **Hwy 62(B)** which will be the second road after the Cotter Water Tower.
- The road will come to a **stop sign**. Cotter Springs Access and City Park will be marked with signs.
- **Go though the stop sign** then turn **right** on **Big Spring Parkway**. You will cross over railroad tracks. Parking may be limited at the parking lot located at the boat ramp due to fishermen. If you have no canoe trailer try to park along the road near the parking lot.

Leg 2 (Cotter to Buffalo City)

Round up all your passengers and paddlers and head for Buffalo City quickly.

- Go back out to **Hwy 62(B)**, the same way you came in.
- Make a right on **US-62 East**.
- Drive 5.2 miles and make a right on Hwy 126.
- Drive **4.2 miles** to a **4 way stop** (remember this stop sign you'll use it for leg 3). Turn **right** at the sign.
- Continue **6.8 miles** cross the tracks.

The Buffalo City public launch is located just below the large bluff visible at Buffalo City. As you cross the railroad tracks **stay right** to the launch.

Leg 3 (Buffalo City to Norfork)

The last leg of the day will take the paddlers (and you) to Norfork, Arkansas.

- Go back north toward to the **4 way stop sign** from leg 2 it should be 6.8 miles.
- ****Important**** Go Straight though the stop sign. (Do not turn left. It will take you an additional 30 miles to get to Norfork.)
- **2.5 miles** after the stop sign there will be a small fork in the road, stay to the **right**.
- Then drive **1/2 miles** and turn to the **right** on **Hwy 201** at the stop sign.
- Continue **6.5 miles** and turn **right** on **Highway 5**.
- After you cross the Norfork River Bridge, make a **sharp 180 degree right** and go down to the public launch.

DIRECTIONS [CONTINUE]

Leg 4 (Norfork to Calico Rock)

Again, the canoes must be at the water and all paddlers must be race ready at 7:45 am at Norfork launch. After the start all the teams, quickly head to Calico Rock public launch.

- Take Hwy 5 east 12.8 miles to Calico Rock.
- Turn **left** before the rail road tracks and the launch is located underneath the Calico Rock White River Bridge.

Follow the road underneath the rail road tracks. If you are not working with the race, please park in the town of Calico Rock. There are signs located in the small town of Calico Rock showing the way to the launch. It is a short walk.

Leg 5 (Calico Rock to Allison)

After your team's change out, collect everyone and head for the day's finish at Sylamore Bridge.

- Take **Hwy 5** 16 miles to Sylamore (Allison).
- At the Hwy 5, 14, and 9 intersections, take a left on Hwy 9 and cross the White River Bridge.

There will be an Angler Gas Station on the left.

• Just past the bridge turn left 3 times.

This day finishes earlier due to their only being two legs. To get to the Blanchard Springs Campground go back to the Hwy 5/14/9 intersection. Go straight and Blanchard will be 7 miles on the right. The Campground is 2.8 miles down Blanchard Road.

Leg 6 (Allison/Sylamore to Lock 3)

This leg will have multiple small quick changes on it.

Starting from the boat ramp at Allison/Sylamore

- Go back over the bridge.
- Turn left at Hwy 5 S/ Hwy 14 S junction.
- Turn **left** at second **stop light**. There will be an Exxon Gas Station on the right hand side.

Driving to Guion

- Drive 7.4 miles.
- Turn left on Hwy 58 N.
- Take the **first left** after crossing the **bridge**.
- Drive a few feet and take another **left**.

After the quick change double back to **Hwy 5** and turn **left** to continue to **Lock 3**.

Driving to Lock 3

- Follow directions to Martin Access.
- **Drive 1.6** from **Lock 3** entry.
- Turn left. The road will be an unmarked gravel road with a swing gate and cattle guard.

DIRECTIONS [CONTINUE]

Leg 7 (Lock 3 to Lock 2)

To get to Lock 2 from Lock 3. Drive back to the gravel road with the gate to Lock 3.

• Take a left on Martin Access Rd. (Not Marked)

Make sure the river in on the driver side of the vehicle. You will be following the river back to the Highway.

Driving to Martin Access

• **Drive 1.6** from **Lock 3** entry.

Boat Ramp will be on the left hand side of the road.

Continuing to Lock 2

- **Drive 1.7** miles after the Martin Access Boat Ramp.
- Turn left on Hwy 14 S.
- Drive **12.5 miles** and turn **left** on **Hwy 25 E**.
- You are looking for **Loop Rd** which is **1.7 miles** from the intersection.

PLEASE BE CAREFUL. Do not enter on the first entry which is near the Batesville Speedway. You need to take the second entry which is about a mile away from the first entry. **If you miss the turn off you will have to drive about 2 miles before you can find a place to turn around.**

- Turn Right on Lock 2 Rd
- Drive 2.9 miles to Lock 2. Parking will be tight.

<u>Leg 8 (Lock 2 to Batesville)</u>

Continue back the way you just came.

- Once you reach Loop Rd turn left.
- Turn left on Hwy 25 E.
- Drive 8 miles to a stop light.
- Take a **left** onto **Hwy 167 N**.

You will go **down** a **steep hill** which will bring you to a straight stretch over some farm land. In the distance you will be able to see Batesville.

Please make sure you **do not cross the river**. All of the boats will be taken out on the **south side** of the river in the direction of where you just came from. You will notice a **parking area** on the **right**. This is where we will be parking as we wait for the boats to come in underneath the bridge.

Dinner and Awards will follow in the playground area near the Lock and Dam at Batesville